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In the joint collaboration of the department of Physical Education, Chief Proctor, Dean Students Welfare and NSS Program Co-ordinator has been organized three days Common Yoga Protocol (CYP) training program from June 18 to 20, 2016 at 06:00 to 07:00 am followed by “International Yoga Day- June 21, 2016” as per the guidelines of Ministry of AYUSH and UGC, New Delhi in the Flag Hosting Ground (adjacent Proctor’s office), Faculty of Arts, University of Allahabad. Physical Educationist & Yoga expert Dr. Bhaskar Shukla was the resource person where the students, faculty members, staff and families sensitized about the strength and benefits of yoga in promoting physical, mental, & spiritual health and well being. On this occasion Honorable Vice Chancellor Prof. R.L. Hangloo, University of Allahabad addressed the participants with his motivated words and suggestions. The Registrar Prof N.K.Shukla, Head department of Physical Education Prof Archana Chahal, Chief Proctor Prof. I.R. Siddiqui, Dean Students Welfare Prof. Harsh Kumar, NSS Program Co-ordinator Dr. Manju Singh, faculties, NSS and NCC cadets and students were present for practicing Yoga at this occasion. The Musical Display of Yoga was also performed by the students of Department Of Physical Education at the end of the program.



