

**SANCHARIKA** 





## **Newsletter** DEPARTMENT OF PSYCHOLOGY UNIVERSITY OF ALLAHABAD

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#### Volume-8

January – December 2020

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## Editor: Dr. Priyaranjan Maral

Note: Sancharika was first launched in 2002 as a Bi-annual newsletter with two issues each year and was published upto volume 7. It is being resumed with volume 8 covering the year January-December, 2020. We believe this is the best medium to remain connected professionally.

This issue of Sancharika Newsletter presents academic activities of Department of Psychology, University of Allahabad for the year January to December, 2020.

#### **Faculty News**

- Prof. Neena Kohli joined as Head of Department of Psychology, University of Allahabad on 12<sup>th</sup> Feb. 2020.
- Prof. Rashmi Kumar, superannuated on 9<sup>th</sup> March, 2020 Department of Psychology, University of Allahabad.
- Prof. Komilla Thapa, superannuated on 21<sup>st</sup> June, 2020 Department of Psychology, University of Allahabad.

Due to COVID-19 pandemic and Nation-wide lockdown from 25/03/2020 the Department of Psychology carried out academic activities in the online mode.

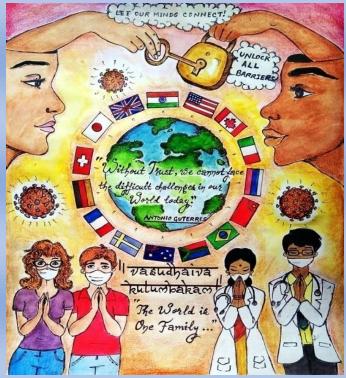
## Celebration of International Psychology Day

The focal theme of International Psychology Day (2020) event was - "Contributions of Psychology in Building Bridges Among and Within Nations" / "राष्ट्र में और राष्ट्रों के बीच अंतराल को भरने में मनोविज्ञान का योगदान". With the aim of raising awareness of the students relating to the role of Psychology amid the global crisis and highlight the artistic and literary talents of the student, the department organized a Poster Making and a Video Logging Competition for the under-graduate and post-graduate students of the department. A few messages from the students-



"I have always visualised a world without borders which is probably not possible on a physical level but it's definitely possible on a psychological level and that is what connects me more to the subject. Psychology teaches acceptance, be it of self or others. I have tried to express the same through my poetry. All the approaches in psychology have the same aim of betterment of people and their lives. Psychology can play a great role in building bridges among and within nations with its impartial view and make this planet a better place to live in. Psychology can help understand that we all are similar on one or the other level and at the same time it cherishes our individuality too. It brings us together which make us more powerful to fight against any odds. So, Psychology gives a hope to the world because we strive to rise above borders, religion, caste or colour and I am happy to work towards this good cause."

"The poster titled "Vasudhaiva Kutumbakam (The world is one family)" tries to display a multilateral



approach between nations through the medium of psychology ,i.e. enabling minds to connect and strengthen bonds among the people living far and wide, despite the inconvenience caused by the global pandemic, Covid-19 outbreak. It also tried to represent how psychology 'unlocks' people's minds by means of cooperation, understanding and erasing taboos or fake news against the disease, and hence keeps them calm and collected."

# Celebration of 59<sup>th</sup> Foundation Day of Department

The department of Psychology was established on September 23, 1961. To commemorate the Foundation Day of the Department, a special lecture was organized in the online mode on September 23, 2020. The topic of the special lecture was 'National Education Policy-2020: A Dream Too Far'. Prof. Ajit K. Mohanty, an eminent researcher and educationist from Zakir Husain Center for Educational Studies, Jawaharlal Nehru University, New Delhi was the keynote speaker. Prof. R. R. Tiwari, Vice Chancellor, University of Allahabad was the Chief Guest on this occasion. Prof. R. K. Singh, Dean, Faculty of Arts chaired the session. In his lecture, Prof. Mohanty highlighted the important aspects of new education policy-2020.

He said that this policy will bring a radical change in both education and evaluation and pointed out as to how this policy would make changes in school education and higher education. He also emphasized that assessment of new education policy should be included in the policy document in order to make this policy effective.

## Celebration of World Mental Health Day

On the occasion of *World Mental Health Day*, a special lecture was organized in the online mode on October 10, 2020. Dr. Rakesh Paswan, Consulting Psychiatrist, Motilal Divisional Hospital, Prayagraj delivered a lecture on 'National Mental Health Programme and its Implementation for General Public'. Prof. R. K. Singh, Dean, Faculty of ARTS chaired the session.

In his address, Dr. Paswan highlighted the importance of mental health, particularly in modern era. He elaborated on several government programmes for mental health at various levels and also underlined how these programmes are being implemented for general public. Dr. Paswan also pointed out that the Government has plans for expansion and will require large number of trained personnel from the field of psychology.



## Publications

#### <u>Journals</u>

- Kohli, N., & Kar, B. R. (2020). Ageing in Developing Societies: A Preamble. Psychology and Developing Societies, 32(2), 149-152.
- Kohli, N., Chawla, S. K., Banerjee, A., & Srinete, T. P. (2020). Ageing in Developing Societies: Issues and Challenges. Psychology and Developing Societies, 32(2), 153–175.

https://doi.org/10.1177/0971333620943408

 Modi, R. (2020). Psychological Well-being and Selfefficacy in Adolescents of employed and nonemployed Mothers. Humanities and Social Science Studies. Vol. 9(2) 25-34.

#### **Books/Chapters**

 Maral, P. & Pande, N. (2020). Progressive Development of Posttraumatic Stress Disorder and its Holistic Evolution of Natural Treatments. In Nicholson, R. (Ed.), Natural Healing as Conflict Resolution (pp. 73-99). IGI Global. <u>http://doi:10.4018/978-1-7998-3665-0.ch004</u>

### **Project Undertaken**

- Kohli, N. worked as a Principal Investigator (PI) and Vipul Kumar as Co-PI from India in a world-wide study on "The Psychological Impact of the Corona Pandemic" conducted by the Department of Health Psychology of the University Medical Center Groningen (UMCG), Netherland, 2020.
- Kohli, N. as a principal investigator & Thapa, K. as a Co-PI received an ICSSR project on "Character

virtues and well-being of youth: Role of Social Networking Sites (SNS)" under IMPRESS Scheme of ICSSR, New Delhi, 2020.

 Modi, R. involved in Pan India cross-cultural research in Collaboration with Dr. Arun Tipandjan from International Centre for Psychological Counselling and Social Research, Puducherry, India. May 2020.

## **D.Phil Thesis Awarded**

- Seema Singh. "Psycho-Social Correlates of Happiness" under the supervision of Prof. Komilla Thappa (28<sup>th</sup> Aug, 2020).
- Supriya Dwivedi. "Identification of Behavioural and Emotional Problems in School Students and Planning Interventions for teachers", under the supervision of Prof. Komilla Thappa (27<sup>th</sup> Oct, 2020).
- Vivek Kumar Shahi "Body Image and Its Social and Psychological Consequences" Under the supervision of Prof. Neena Kohli (19<sup>th</sup> Nov, 2020).
- Daya Sindhu. "Mental Imagery in Comorbid Anxiety of Bipolar Disorder", under the supervision of Prof. Namita Pandey (27<sup>th</sup> Nov, 2020).

## Placements

#### PhD

- Dr.Vipul Kumar got selection in the Government Degree College, U.P as Assistant Professor Position 2020.
- Anupam Yadav got selection in the Government Degree College, U.P as Assistant Professor Position 2020.
- Astha Sakshi got selection in the Government Degree College, U.P as Assistant Professor Position 2020.
- Shivani Mishra, got selection in the Government Inter College, U.P as lecture Position 2020.
- Supriya Dwivedi got selection in the Government Inter College, U.P as lecture Position 2020
- Stuti Singh got selection in the Government Inter College, U.P as lecture Position 2020
- Madhu Gautam got selection as a Teacher in PGT Secondary Education, U.P, 2020.

#### M.A/MSc.

- Nidhi Kumari got selection in the BYJU'S as a Business Development Associate, Bangalore, 2020.
- Sonali Dwivedi got selection in the UNACADEMY as an Audit Associate, Lucknow, 2020.

## Lectures-National/International delivered by Faculty, PostDoc and Scholars

#### Prof. Deepa Punetha

- Lecture on "Know Yourself" an orientation course organized by UGC, Human Resource Development Center, University of Allahabad, Prayagraj on 6<sup>th</sup> Feb 2020. (Virtual)
- Lecture on "Psychological Testing and Stress Management" organized by UGC, Human Resource Development Center, University of Allahabad, Prayagraj, on 12<sup>th</sup> Feb 2020.(Virtual)
- Lecture on "COVID-19 Dasha and Disha" organized by Bhartiya Manovigyaan Parishad, from 14<sup>th</sup> -15<sup>th</sup> June, 2020.(Virtual)
- Lecture in Workshop on "Women Equality Sensitization" organized by Indian Institute of Information Technology Allahabad, Prayagraj, on 11<sup>th</sup> July 2020. (Virtual)
- Lecture on as Distinguished speaker on "Gender Equality and Women Right" organized by Rastriya Shaikshik Uttar Pradesh, on 16<sup>th</sup> July 2020.(Virtual)
- Lecture on "Stress and Its Management" Academic staff orientation course organized by UGC, Human Resource Development Center, University of Allahabad, Prayagraj, on 24<sup>th</sup> Oct, 2020. (Virtual)
- Lecture on "Fifth Annual International Mental Health Day (IFMHD)" organized by Trichandra College, Tribhuvan Univesity Ghantaghar, Kathmandu, Nepal, on 22<sup>nd</sup> June 2020. (Virtual)

#### Prof. Neena Kohli

- Valedictory address on "Facilitators and Inhibitors of Procrastination" organized by Department of Psychology, Firoj Gandhi College Raebareli, on 7<sup>th</sup> Feb, 2020.
- Lecture on "Religiosity, Spirituality and Well-being: Search for links" in International Conference on Psychology of Religion & Spirituality, organized by Aligarh Muslim University, on 25<sup>th</sup> Feb, 2020.

- Lecture on "COVID-19 stress and its management" organized by Bundelkhand University Jhansi, on 31<sup>st</sup> May, 2020.
- Lecture on HRDC "Stress management and workplace", in Induction Programme of HRDC, organized by Univesity of Allahabad, on 8<sup>th</sup> Dec, 2020. (Virtual)
- Lecture on "Understanding stress and ways to cope" organized by MNNIT, on 26<sup>th</sup> Dec, 2020. (Virtual)
- Keynote on "Covid-19 Pandemic: Recasting Human Aspirations" organized by HBTI, Kanpur, on 28<sup>th</sup> Dec, 2020 (Virtual)

#### Dr. Ritu Modi

 Modi, R. delivered a lecture at Symposium on Identification of Specific Mental Health Problems among Adolescent Children in APSPA at National Institute of Education Colombo, SriLanka, from 11<sup>th</sup>-12<sup>th</sup> Feb, 2020.

#### Dr. Priyaranjan Maral

- Lecture on "Innovative Approaches in Mental Health & Psychological Awareness During COVID-19 Pandemic" at National Conference organized by the Department of Psychology, School of Liberal Arts (SLA), Noida International University, Greater Noida, India, from 4<sup>th</sup> to 5<sup>th</sup> June 2020.(Virtual)
- Lecture on "Emotional & Behavioural Issues in Lockdown during COVID-19 Pandemic" at the International Conference on "Role of psychology in coping with COVID-19 pandemic: International perspective", at Lomonosov Moscow State University, Russia, from 16<sup>th</sup> to 17<sup>th</sup> Sep, 2020. (Virtual)

## **FDP Courses: Participation by Faculty, PostDoc and Scholars**

- Two Week Faculty Development Programme on "Managing Online Classes and Co-Creating MOOCS 3.0" organized by Teaching Learning Center & Research Development and Services Cell Ramanujan College, University of Delhi from 1<sup>st</sup> to 16<sup>th</sup> July 2020. (Virtual)
  - Dr. Shanti Suman
  - > Dr. Priyaranjan Maral

- Five Days Faculty Development Programme on "Pedagogical Practices of New India under National Education Policy", jointly organized by Tripura University, Manipur University and Assam University, from 7<sup>th</sup> to 11<sup>th</sup> Oct, 2020. (Virtual)
  - Aditya Banerjee
  - Ayushi Maurya
  - Anupam Yadav
  - Sarabjeet Kaur Chawla
- Two Weeks FDP on "Research Methodology: A Learning Journey from Bivariate Techniques to Multivariate Techniques" organized by Department of Commerce, Ramanujan College, University of Delhi from 10<sup>th</sup> to 23<sup>rd</sup> Dec, 2020. (Virtual)
  - Dr. Shanti Suman
  - Dr. Priyaranjan Maral
  - Alok Pratap Singh
  - ≽ Sonoo
- Seven Days FDP on Mental Health and Spirituality: The Capital of Well-being organized by UGC-HRDC, Panjab University, from 5<sup>th</sup> to 11<sup>th</sup> Dec, 2020. (Virtual)
  - Dr. Ritu Modi
- Three Days FDP on Research Methodology in Social Sciences organized by UGC-HRDC, University of Allahabad, from 26<sup>th</sup> to 28<sup>th</sup> June, 2020. (Virtual)
  *Dr. Ritu Modi*
- Three Days FDP on Qualitative and Quantitative Research Analysis organized by Kristu Jayanti College, Bengaluru from 20<sup>th</sup> to 22<sup>nd</sup> May, 2020. (Virtual)

Dr. Ritu Modi

- One Week Faculty Development Programme on "Skills for Librarianship" organized by LIS Academy and NCSI NET Foundation, Bengaluru, India, form 16<sup>th</sup> May to 20<sup>th</sup> June 2020 (Virtual).
  > Alok Pratap Singh
- Two-day Faculty Development Programme on "Qualitative and Quantitative Research Analysis" organized by Kristu Jayanti College, Bengaluru, India from 20<sup>th</sup> to 22<sup>nd</sup> May, 2020 (Virtual).
  - Alok Pratap Singh

## Paper Presentation in International & National Conferences/Seminars by Faculty, PostDoc and Scholars

- Kohli, N. presented a paper on Conceptualization of Spirituality and Religiosity organized by Kalpwasis of Kumbh Mela organized by Aligarh Muslim University, on 23 Nov, 2020. (Virtual)
- Kohli, N. & Yadav, A. presented a paper on "Conceptualization and measurement of thriving at work" in National Seminar on Modern Perspectives of Positive Psychology and Health Management in India organized by Department of Psychology, Feroze Gandhi College, Rae Bareli, from 7<sup>th</sup>-8<sup>th</sup> Feb, 2020.
- Maral, P. Presented a paper on "Inhibitory Control and Emotion Recognition in PTSD: A Study on 2015 Nepal Earthquake" organized by O.P Jindal Global University, Delhi NCR, India from 16<sup>th</sup>-17<sup>th</sup>Jan, 2020.
- Singh, A.P. presented a paper on "Spike in Digital classes: Sentiment analysis" organized by Noida International University, Gr. Noida (UP), India from 4<sup>th</sup> to 5<sup>th</sup> June 2020 (Virtual).
- Maral, P. presented a paper on "Post-disaster Challenges following Coping Strategies: Nepal Earthquake" organized by Association of Psychological Sciences, U.S. from 1<sup>st</sup> June to 1<sup>st</sup> Sep, 2020 (Virtual).

## Participation in International and National Webinars by Faculty and Scholars

#### Dr. Ritu Modi

 Attended International Webinar on Psychological Impact and Management Fighting against Corona Pandemic IQAC- Dr. Shyama Prasad Mukherjee Government Degree College Bhadohi, from 7-8<sup>th</sup> June 2020. (Virtual)

#### Aditi Pandey

• Attended International webinar Role of Positive Psychology in Building Bridges among and Within Nation: Global Youth Perspective organized by Arya Mahila P. G. College, Varanasi on 25<sup>th</sup> June, 2020. (Virtual)

#### Alok Pratap Singh

- Attended webinar on "Impact Factor, H index and Google Scholar" organized by Ethiraj College for Women in collaboration with Wiley and Miles Education on 16<sup>th</sup> May 2020 (Virtual).
- Attended webinar on "Art of Writing Research Review/ Articles for Publishing in Peer Reviewed Journals" organized by MES College Erumely, Kerala, India on 25<sup>th</sup> May 2020 (Virtual).
- Attended webinar on "Current Challenges and Future Perspectives of New Education Policy-2020" organized by Feroze Gandhi College, Rae Bareli, India on 11<sup>th</sup> Nov, 2020 (Virtual).

## Participation in Workshops or Training Programmes/Others

#### <u>Dr. Shanti Suman</u>

- Training on "Cognitive Neuroimaging" at the Centre of Behavioural and Cognitive Sciences (CBCS), University of Allahabad, Prayagraj, U.P, and India from 21st - 25<sup>th</sup> Feb, 2020.
- One Week Online Training Program on ICT Tools for Teaching, Learning and Administration Organized By Department of Electronics and Communication (J K Institute of Applied Physics & Technology) University of Allahabad, India, from 4<sup>th</sup>-10<sup>th</sup> Aug, 2020. (Virtual)

#### <u>Dr. Ritu Modi</u>

- Workshop on "Mindfulness and Stress Management" C.S.J.M. (Kanpur) University, on 25<sup>th</sup>May 2020. (Virtual)
- National Webinar on "Knowledge Generation in Education" during COVID-19 Pandemic- Qualitative Research from 1<sup>st</sup> to 6<sup>th</sup> June, 2020. (Virtual)

#### <u>Dr. Priyaranjan Maral</u>

 Workshop on "Relooking at Parenting: A Social Responsibility" organized by Department of Psychology, Allahabad Degree College, University of Allahabad, on 15<sup>th</sup> Feb, 2020.

- Training on "Cognitive Neuroimaging" at the Centre of Behavioural and Cognitive Sciences (CBCS), University of Allahabad, Prayagraj, U.P, India from 21<sup>st</sup>- 25<sup>th</sup> Feb, 2020.
- One Week Online Training Program on ICT Tools for Teaching, Learning and Administration Organized By Department of Electronics and Communication (J K Institute of Applied Physics & Technology) University of Allahabad, India, from 4<sup>th</sup> -10<sup>th</sup> Aug, 2020. (Virtual)
- Training on "Child Centric Disaster Risk Reduction" conducted by NIRDPR-NERC, Guwahati in collaboration with NIDM, New Delhi from 2<sup>nd</sup> to 4<sup>th</sup> Nov, 2020 (Virtual)

#### Sarabjeet Kaur Chawla

- One Week Online Training Program on ICT Tools for Teaching, Learning and Administration Organized By Department of Electronics and Communication (J K Institute of Applied Physics & Technology) University of Allahabad, India, from 4<sup>th</sup> to 10<sup>th</sup> Aug, 2020. (Virtual)
- Workshop on Research Methodology and Data Analytics by Jaypee Business School from 27<sup>th</sup> to 31<sup>st</sup> July 2020. (Virtual)
- Workshop on "Academic Writing and Research Writing Skills" by Brain Behaviour Research Foundation of India, on 16<sup>th</sup> Aug, 2020. (Virtual)

#### Aditya Banerjee

- One Week Online Training Program on ICT Tools for Teaching, Learning and Administration Organized By Department of Electronics and Communication (J K Institute of Applied Physics & Technology) University of Allahabad, India, from 4<sup>th</sup> -10<sup>th</sup> Aug, 2020. (Virtual)
- Workshop on Research Methodology and Data Analytics by Jaypee Business School from 27<sup>th</sup> to 31<sup>st</sup> July 2020. (Virtual)
- Workshop on "Academic Writing and Research Writing Skills" by Brain Behaviour Research Foundation of India, on 16<sup>th</sup> Aug, 2020. (Virtual)

#### <u>Saloni Sonkar</u>

 Fourteen Days Workshop on Intellectual Disability by Indian Association of Educational Therapies-IAET, from 1<sup>st</sup> to 14<sup>th</sup> Jan, 2020.(Virtual)

- Workshop on "Cognitive Behavioral Therapy" by Cognizavest on 3<sup>rd</sup> April 2020.
- Workshop on "Mental Health and Well-being" by Symbiosis College of Arts and Commerce, from 27<sup>th</sup> and 28<sup>th</sup> July 2020. (Virtual)
- Workshop on Qualitative Research Methods by School of Humanities and Social Sciences, NISER from 24<sup>th</sup> to 28<sup>th</sup> Aug, 2020.(Virtual)

## Vandana Sharma

- Workshop on "Secret of Human Behavior" by Cognizavest on 20<sup>th</sup> April, 2020. (Virtual)
- Workshop on "Dialectical Behavioral Therapy" by Cognizaveston 15<sup>th</sup> May, 2020. (Virtual)
- Workshop on Qualitative Research Methods by School of Humanities and Social Sciences, NISER from 24<sup>th</sup> to 28<sup>th</sup> Aug, 2020.(Virtual)

## Alok Pratap Singh

- Workshop on "Article Writing in Management and Social Sciences" organized by University of Hyderabad, on 10 May, 2020 (Virtual).
- Workshop on "Systematic Review and Meta-Analysis" organized by Research Shiksha (India), from 1<sup>th</sup> to 05<sup>th</sup> June 2020 (Virtual).
- Workshop on "SEM for Beginners" organized by Research Shiksha (India), from 08<sup>th</sup> to 12<sup>th</sup> June 2020 (Virtual).
- Workshop on "Advance Structural Equation Modelling" organized by Research Shiksha (India), from 15<sup>th</sup> to 19<sup>th</sup> June 2020 (Virtual).
- Workshop on "Qualitative Research Using NVIVO" organized by Research Shiksha (India), form 22<sup>th</sup> to 26<sup>th</sup> June 2020 (Virtual).
- Workshop on "Research Methodology & Protocol Design" by Rudra Institute of Technology, from 27<sup>th</sup> to 28<sup>th</sup> June, 2020 (Virtual).
- Workshop on "Essentials of Research Methodology for Thesis Writing and Publication" organized by Research Shiksha (India), from 12<sup>th</sup> to 16<sup>th</sup> Aug, 2020 (Virtual).

## <u>Aditi Pandey</u>

 Workshop on National Webinar "Social-Emotional-Cognitive Health of Children in this Pandemic" by Dr. Srinivasan Venkatesan, Prof. Madhavilatha Maganti and Prof. Nadini C. Singh National Academy of Psychology (NAOP), India on 26<sup>th</sup>June, 2020. (Virtual)

- Workshop on International Webinar Psychosocial Impacts of COVID19 Pandemic: Challenges and ways forward National Academy of Psychology, India on 10<sup>th</sup>July, 2020. (Virtual)
- Workshop on Women Equality Sensitisation Indian Institute of Information Technology Allahabad from 10<sup>th</sup>-11<sup>th</sup>July, 2020. (Virtual)
- Workshop on International Webinar Religion and Religious Conflict in India by Dr. Sudhir Kakar National Academy of Psychology (NAOP), India on 31<sup>st</sup> July, 2020. (Virtual)

#### Madhu Gautam

• Training Program on Data Analysis Using SPSS by Science Tech Institute, Lucknow, UP, India from 17<sup>th</sup> to 23<sup>rd</sup> Aug, 2020. (Virtual)

#### Ayushi Maurya

 Workshop on RESEARCH METHODOLOGY" in Department of Humanities and Social Sciences, MNNIT Allahabad, Prayagraj from 8<sup>th</sup> to 14<sup>th</sup> Dec, 2020.(Virtual)

#### <u>Sonoo</u>

• Training Program on Data Analysis Using SPSS by Science Tech Institute, Lucknow, UP, India from 17<sup>th</sup> to 23<sup>rd</sup> Aug, 2020. (Virtual)

## **Allahabad University Psychology** Alumni Association – SAMVAAD Lectures

Allahabad University Psychology Alumni Association (AUPAA, Registered society, ALL/ 03134/ 2019-2020) and the Department of Psychology, University of Allahabad jointly organizes a recurring online interactive session "SAMVAAD" - an online platform launched with the objective of bringing together the students and the accomplished alumni of our esteemed department. The theme of the session will be focused on the personal and professional life experiences of alumni. These 2) sessions with alumni working in diverse fields will broaden young students' horizons, shape their world view, and expose them to a wide range of opportunities available after Masters or doctorate in Psychology. These sessions are organized by Team SAMVAAD - Prof. Shubhra P. Gaur, Professor, MICA,

Ahmedabad; Executive Committee Member, AUPAA and Aditi Pande, Research Scholar, Department of Psychology University of Allahabad, and the Office Bearers of AUPAA. Its inaugural session was held on September 18, 2020. It has since then organized four SAMVAAD sessions on -

- "Inspirations" with Prof. Radha Krishna Naidu, M.A. (1965), D.Phil. (1974), Former Professor (1967-98), Department of Psychology, University of Allahabad; Honorary and Advisory Board Member, AUPAA. (18.09.2020)
- "Bridging Psychology, Education and Child Development" with Prof. Venita Kaul, Emerita Professor (Education), Ambedkar University, Delhi; M.A. Psychology (1967), University of Allahabad. (25.09.2020)
- "From Allahabad to Ahmedabad A journey of Five Decades" with Prof. Rajeev Sharma, Retd. Professor (Psychology), Ravi J. Matthai Centre for Educational Innovation. IIM Ahmedabad; D.Phil. (1986).Department of Psychology, University of Allahabad. (31.10.2020)
- "From Education to Practice- From Learning to Doing" with Prof. Shalini Bharat, Vice-Chancellor of the Tata Institute of Social Sciences, Mumbai, India; D.Phil (1983), Department of Psychology, University of Allahabad. (19.12.2020)

## **Invited Lectures**

1) Invited Lecture and panel discussion on "Gendered Memories: Draupadi's Journey in Time" by Dr. Lakshmi Bandlamudi, Professor, LaGuardia

Community College, City University of New York, USA, on February 03, 2020. The theme of her lecture was based on a chapter in the e book "Dialogics of Self, The Mahabharata and Culture:



The History of Understanding and Understanding of History".

Interactive session on "Scope and Future of Psychology" by Sri Anil Dixit (an alumnus of the department) was organized for the masters' and PhD students of the department. The session was also participated by the faculty members and other



alumni of the department. Sri Anil Dixit has garnered over 40 years of business experience with leading MNCs including Metal Box, Unilever and Pepsico. After retiring from Pepsico as VP HR for Asia in 2004, he built a successful consulting practice which was awarded assignments with several MNCs, such as DHL Asia, HP Asia, Bakrie Telecom Indonesia, LOreal Asia etc. His concluding statements for the students were: "I really enjoyed interacting with the students and visiting the Department and the University after more than 40 years. It was on one hand a wonderful journey down the memory lane & connecting with the present on the other. The city has changed a fair bit. Students & Faculty profile seemed different too. Campus looked the same, frozen in time, which was reassuring. I will always be grateful to the excellent foundation that the Department faculty gave me. It was education second to none in standard."

3) Interactive session on "Assertiveness Training" by

Dr. Sanjay Kumar from Dr. Harisingh Gour University, Sagar was organized for the Masters' and PhD students of the department on 20<sup>th</sup> Feb, 2020.



## **Outreach Activities**

- Kohli, N., Kumar, V. & Singh, G. conducted Stress Management and Counselling workshops for police personnel, Prayagraj.
- Priyaranjan Maral is working as APSSC Campus Representative in Association for Psychological Science (APS), U.S. (2020).
- Kumar, V., Singh, G. & Singh, A.P worked as Moderator/ Rapporteur in DGSI International Geography Online Conference on the theme "Climate Change, Disaster and Sustainable Livelihood" organized by University of Allahabad from 26<sup>th</sup> to 28<sup>th</sup> Nov, 2020.

## **Forthcoming Activities**

- Pre-PhD course work from second week of February, 2021.
- Diamond Jubilee Celebration, Sep. 2021
- Prof. Durganand Sinha Centenary Celebration , Sep. 2021

