

FACULTY OF ARTS

PSYCHOLOGY DEPARTMENT

UNIVERSITY OF ALLAHABAD
ALLAHABAD

LECTURE LIST

2018-19

BA./B.Sc. Part-II

THREE YEAR DEGREE COURSE

B.A./B.Sc. Part II
Paper I-Psychopathology

Max. Marks-50

- I. Meaning and Criteria of Abnormality :**
 - Statistical, Social Conformity & Personal Adjustment.
- II. Historical perspective of abnormal behavior.**
- III. An overview of the development and classification system of DSM IV.**
- IV. Theoretical Perspectives :**
 - Freud's Psychoanalytic theory
 - Adler's Individual Psychology
 - Jung's Analytical theory
- V. Human Adjustment and Coping :**
 - Type of Stressors: Conflict, Pressures & Frustration
 - Factors influencing stress tolerance
 - Coping with stress : Ego defense mechanisms & task oriented reactions.
- VI. Causal factors in Abnormal behavior :**

Biological, Psychosocial, Socio-cultural
- VII. Disorders as per DSM IV : Clinical picture, types & brief idea of etiology of each disorder given below.**
 - Anxiety Disorders : Generalized Anxiety Disorder (GAD),
 - Obsessive-Compulsive Disorder (OCD),
 - Post Traumatic Stress Disorder (PTSD).
 - Somatoform Disorders : Conversion, Hypochondriasis & Pain disorders
 - Schizophrenia : Paranoid type, Disorganized type, Catatonic type, Undifferentiated type, Residual type.
 - Delusional disorders : Paranoia.
 - Dissociative Disorders : Amnesia, Fugue, Deperson-

alization.

- Mood Disorders : Depressive, Bi-polar.

VIII. Brief idea of theoretical approaches to psychotherapies:

- Skinner's Operant Conditioning Theory

- Bandura's Social Learning Theory

- Maslow's Humanistic Theory

- Carl Roger's Client-Centered Theory

- Beck & Ellis : Cognitive Perspective

IX. Psychotherapies :

Freud's Psychoanalysis, Behavior Modification, Client Centered therapy.

Recommended Books :

1. Carson, R. C., Butcher, J.N. & Mineka (2005). Abnormal psychology and modern life. New Delhi: Pearson Education (Singapore) Pvt. Ltd.
2. Sarason, I.G. & Sarason, B.R. (2002). Abnormal psychology: The problem of maladaptive behavior (Eastern Economy Edition, 11th) New Delhi: Prentice Hall of India.
3. Coleman, C. (1982). Abnormal Psychology and Modern life. D.B. Tarapore walla (Indian Reprint).
4. Schultz, D. (1976). Theories of Personality. New York : Woodsworth Publishing Co.
5. Comer, J.R. (1998). Abnormal Psychology. New York : Freeman.
6. सिंह अरूण कुमार (2004) आधुनिक असमान्य मनोविज्ञान, दिल्ली : मोती लाल बनारसीदास।

B.A./B.Sc. II
Paper II-Psychology and Social Processes

Max Marks : 50

No. of Lectures

I. Introduction to Social Psychology

- (a) Definition and Scope of Social Psychology. (2)
- (b) A brief history of Social Psychology, Social psychology in India. (2)
- (c) Doing research in social psychology-experimental, correlational and survey. (2)

II. Social Cognition and Person Perception

- (a) Person perception and impression formation-Asch-central trait, primacy and recency effects; Anderson-cognitive algebra. (2)
- (b) Social cognition and information processing: schema, stereotypes, heuristics and biases in person perception. (2)
- (c) Attribution : Inferring the traits and motives of others; Theories of attribution-Jones-Theory of correspondent inference; Kelly-Causal attribution theory & Weiner-attribution of success and failure; biases in attribution process. (4)

III. Social Attitudes

- (a) Nature of attitudes-definition & characteristics of attitudes (2)
- (b) Theories of attitude formation-
 - (i) Learning theories and (ii) Cognitive theories (2)
- (c) Measurements of attitudes :
 - (i) Direct Measures-Attitude Scales-Likert Scale, Thurstone scale;
 - (ii) Indirect Measures-Physiological & Projective measures. (3)

(4)

- (d) Attitude change: concept and techniques; persuasion and role playing; Festinger's cognitive dissonance theory. (2)

IV. Group and Leadership

- (a) Nature and characteristics of groups. (1)
(b) Group formation : Stages and factors of group formation; Group structure: Roles, status, norms, communication network and cohesiveness. (3)
(c) Leadership: Nature and emergence of leadership, styles of leadership. (2)
(d) Group and individual performance: Social facilitation and Social loafing. (2)

V. Social Influence Processes

- (a) Social power : Bases of power, determinants of social power. (1)
(b) Conformity : Formation of group norms, conformity and group pressure, Factors affecting conformity-situational and individual. (2)
(c) Compliance : strategies of compliance. (1)
(d) Obedience to authority. (1)

VI. Forms of Social Behaviour

- (a) Aggression : Theories-Instinct theory, Frustration-aggression, Social learning theory, Determinants of aggression, control of aggression. (3)
(b) Interpersonal attraction : Theories-Need for affiliation, Reinforcement and Social exchange theories. Determinants of interpersonal attraction. (3)
(c) Helping behaviour: Theories-Latane & Darley's Cognitive Model, Learning Theory. Determinants of helping behaviour. (3)

VII. Application of Social Psychology

A brief idea about application of social psychology in the areas of- (i) Health and (ii) Environment (2)

RECOMMENDED BOOKS :

1. Baron, R.A. and Byrne, D. (2005). Social Psychology (10th Edition) Delhi: Pearson Education Pvt. Ltd.
2. Taylor, S.E., Peplau, L.A & Sears, D.O. (2006). Social Psychology (12th Edition). New Delhi: Pearson Education.
3. ल.ब. त्रिपाठी (1992) आधुनिक सामाजिक मनोविज्ञान। आगरा, हर प्रसाद भार्गव।
4. अरुण कुमार सिंह (2014) समाज मनोविज्ञान की रूपरेखा, नई दिल्ली: मोतीलाल बनारसी दास।

B.A./B.Sc. II
Paper III Practical

Max. Marks -50

Assessment/Test Administration

1. **Basic Concepts in Psychological Assessment :**
 - A. Purposes and types of tests
 - B. Procedures for test administration
 - C. Test reliability and validity
 - D. Current issues in assessment
2. **Students are expected to prepare a case study with the help of following FOUR Tests.**
 - A. Intellectual Assessment: Raven's Progressive Matrices/Bhatia Battery/Verbal test.
 - B. Aptitude Assessment: Differential Aptitude Test.
 - C. Assessment of Anxiety : Sinha W-A Self-Analysis Form
 - D. Assessment of Personality: Adjustment inventory (Sexena/Kundu) JMPI.
3. **Experiments : Students will be required to do FOUR experiments in the areas given below:**
 - A. Social facilitation
 - B. Attitude change/cooperation/competition
 - C. Group conformity.
 - D. Social factors in perception
 - E. Attribution
 - F. Prosocial behaviour

RECOMMENDED BOOKS :

- Anastasi A. (1997). Psychological Testing. New Delhi: Pearson Education.
- Cronbach L.J. (1964). Essentials of Psychological Testing New York: Harper and Row.